

## **The Child Psychology Service (TCPS) Statement of Purpose (v.6 30/01/18)**

### **Aims and objectives**

The Child Psychology Service (TCPS) offers support for children with emotional, social, behavioral and mental health difficulties. We can work directly with children or with the people who care for them including parents, Carers, Teachers, Social Workers, Health Visitors etc.

We strive to offer the highest quality evidence-based work with children and their families. This work takes place via assessment, therapeutic intervention, consultation and training. Each of these elements is available to children, their families and professionals working with them.

Specifically, (but not exclusively) in relation to our work with adoptive and fostered families, we strive to improve the relationships of children and their primary carers. We use the best methods available to enable children to overcome the trauma and loss of their early experiences.

TCPS is a Social Enterprise and a Community Interest Company (CIC), which means that we are driven by our desire to support children and families and not by profit. The majority of any financial surplus is reinvested in developing and improving our services.

### **TCPS clinicians and structure**

Dr. Elliott is the sole director of TCPS and a Consultant Clinical Psychologist. Ours is a multi-disciplinary team of ten staff, which has been handpicked to ensure that we deliver excellence in all of our services. We are currently expanding rapidly in order to deliver even more services to children and families. All clinicians who use protected titles are registered with the Health and Care Professions Council (HCPC) and are experienced in child and adolescent mental health work.

### **TCPS services**

We provide assessments to help determine what a child needs. We can then provide therapeutic work, consultation and/or parenting courses to help change the identified problem. We also provide training on many topics related to child psychology for parents and professionals. Supervision is available from TCPS which offers professionals a psychological perspective on their clinical work.

## **Clinical process**

All TCPS clinicians follow the four stages below; determined by the Division of Clinical Psychology of the British Psychological Society.

*Assessment:* Qualitative and quantitative information gathering both directly with the family and network around them and indirectly via existing documentation. Standardised measures are used in order that the same measure can be used throughout and after the work to determine whether it has been successful.

*Formulation:* Synthesis of assessment information and psychological theory to enable TCPS clinicians to devise an explanation of the cause and maintenance of the presenting problem. Psychological formulation directs the nature of the intervention.

*Intervention:* The recommended intervention is delivered. This may be therapeutic work, parent consultation, group work, training etc.

*Evaluation:* Qualitative and quantitative methods are used to determine whether the work has been useful and/or successful. If this stage identifies the need for further work, then the process will begin again.

## **Location of service delivery**

We do not have clinical premises. We provide services to families in their homes and schools.

## **Complaints procedure (full policy available on request)**

We are very keen that our service users keep us informed if they have any concerns about the service they have received.

In summary, our procedure for dealing with complaints is as follows. We will deal with complaints within 28 days. We will investigate complaints in-house and inform complainants of our findings. If clients were to be dissatisfied with that investigation an independent clinician will review the complaint and investigation.

Clients or commissioners can, at any stage, contact the Health and Care Professions Council (HCPC), by whom TCPS psychologists are regulated, or Ofsted who regulate our adoption support work.

*HCPC contact details:*

<http://www.hpc-uk.org>

Park House  
184 Kennington Park Road  
London  
SE11 4BU

0845 300 6184

*Ofsted contact details:*

<http://www.ofsted.gov.uk>

Ofsted  
Picadilly Gate  
Store Street  
Manchester  
M1 2WD

[enquiries@ofsted.gov.uk](mailto:enquiries@ofsted.gov.uk)

0300 123 1231

## **Registered Provider:**

Dr Amber Elliott Consultant Clinical Psychologist. BSc (Hons), ClinPsyD, CPsychol, CSci, AFBPsS. (contact details above).

REVIEW DATE – January 2020